

An Evening with Mitzi Montague-Bauer

Wednesday, November 28
6:00p.m.-7:30p.m.
International Center Room 303

This event will include discussion of mental health and suicide.



Please join us for a reading and discussion lead by renowned Lansing-area doula Mitzi Montague-Bauer of her new book, *Journey: A Mother's Account of Love, Loss and Spiritual Healing*. In this memoir, she shares a raw and vulnerable account of her attempt to find meaning in her son's life experiences, cut short by mental illness and subsequent suicide. It is Mitzi's hope that her book and the nonprofit organization she co-founded, Journey's Dream, will support others in gaining a deeper level of understanding about mental health, as well as traditional and alternative treatment options.

Free child care with pizza dinner provided by teachers from the MSU Child Development Lab in a room next to the event. **RSVP required** for child care to Juliet Guzzetta (guzzetta@msu.edu) with ages of children by November 21. For all attendees, light refreshments provided and RSVP appreciated.

Mitzi Montague-Bauer has spent her entire career supporting people through life's most transformative moments. During her 30+ years as a doula, Mitzi has had the privilege of assisting in over 500 births.

This event is free and open to the public!

Hosted by the Creative Writing Program in the Dept. of English

Co-sponsors:
Center for Gender in Global Context (GenCen)
CAL Citizen Scholars Program
RCAH Center for Poetry



Journey
A MOTHER'S ACCOUNT OF
LOVE, LOSS AND SPIRITUAL HEALING